

Peace Building & Inner Resilience

*Move towards Peace with Courage
Build Bridges with Tolerance & Compassion*



Moderator

Dr. Mariyam Shakeela

- ◆ Former Cabinet Minister of Maldives.
- ◆ President of AWA (Addu Women's Association).
- ◆ Civil Society Actor Working With National, Regional & International Institutions.
- ◆ CSAG Member of UN Women.
- ◆ One of The Founder Members of WASI (Women's Alliance for Security Leadership)
- ◆ Board member for DDG Advocate for Women Empowerment & Youth.
- ◆ Works on preventing extremism & promoting peace rights & pluralism

This workshop is on the essence of Peace via the intention of building platforms of compassionate tolerance and growth. This is a field in which women for centuries have been navigating difficult areas to build the foundations of these thoughts .

Inner Resilience , Focused Intention and Persistent Pursuit of moving minds towards Connecting is a bold achievement.

The stories that unfold in our societies are a colorful mix of decisions and choices which ultimately create the future generational change and in all of this Women play the most important role.



Sabeena Shahid

- ◆ Neuro-Linguistic Programming Certification.
- ◆ Self Mastery Life Coaching Courses, Calvin Coyles Institute, Australia.
- ◆ AD heart Facilitator Certification HeartMath Institute, USA
- ◆ Strategic Management Coaching
- ◆ Masters International Relations University of Western Australia, Australia.
- ◆ Masters French Linguistics, Alliance Francaise Institutes, Ottawa, Canada.



Dr. Sulchana Segara

- ◆ Founder/Chairperson Women in Management Sri Lanka
- ◆ www.womeninmanagement.org
- ◆ Has transformed the global platforms for women
- ◆ Has worked with dedication & passion in the field of gender equality and in innumerable projects creating training and mentorship for Women



Aysha Baqir

- ◆ MBA from Lahore University of Management Sciences (LUMS)
- ◆ Her novel Beyond the Fields was shortlisted for best-Debut English at the 9th UBL Literary Awards.
- ◆ Recipient of Vice Chancellor's Alumni Achievement Award from LUMS.
- ◆ Founded a pioneering economic development not-for-profit organization, Kaarvan Crafts Foundation



Ayesha Saleem Asghar

- ◆ Co-Founder of The Happiness Ftt - a Holistic wellbeing & Lifestyle company
- ◆ Meditation Coach specializing in Guided Visualization with Sufi Elemental Breathwork
- ◆ Certified Energy Worker – Reiki Master
- ◆ Past Life Regression Coach - Trained by Dr. Brian Weiss
- ◆ Certified Fitness Trainer, specializing in Group Dance Fitness
- ◆ Certified & Experienced Montessori Teacher



Rabi Nawaz

- ◆ Co-Founder of The Happiness Ftt - a Holistic wellbeing & Lifestyle company
- ◆ Certified Gallups Strengths Coach
- ◆ Vedic Life Coach – Specializing in Life Purpose & Strengths Analysis
- ◆ Positivity & Motivational Key Note Speaker / Coach
- ◆ 18 years of Management Consultancy Experience in bringing Innovative Strategic Solutions
- ◆ Passionate advocate for Sustainability, Impact & Venture Philanthropy



Date

SEPTEMBER 7, 2021



Time

5:00 PM SRI LANKA 4:30 PM MALDIVES 12:30 PM NOON LONDON, UK

4:30 PM PAKISTAN 7:30 PM PERTH, AUSTRALIA



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